

**We are not
alone and
we are not
afraid.**

**We
stand by
Mother Earth
now in her
time of need.**

So mote it be.

Comments By The Author Of This Charm

In September 2016

What is this thing? This is the kind of mental and vocal exercise that most Americans nowadays call **a mantra** but which this author calls by an antique English language word for it: This is, in other words, **a charm**.

What is it for? The purpose of a charm / mantra is double: To calm and focus your thoughts when you have need of that, and to improve the life you live in some good way.

How do you do this exercise? You say the two sentences *"We are not alone and we are not afraid. We stand by Mother Earth now in her time of need."* once or several times or many times, either speaking aloud or in your mind silently, either with others or alone. I really like repeating it 5 times with a group. Then you finish with something like *"Amen"* or, as I prefer, *"So mote it be"*. That is an antique way of saying *"Amen"* forcefully.

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are supposed to be
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of a sheet of paper
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on the front.

When? Do a charm / mantra any time you need to calm and focus. Or, for specially strong effect, in the moments between being awake and sleeping. Or after sex might be good. Or when you walk or run, or during any rhythmic physical work. Or with a group of peace activists in an action.

What is this here charm about?

I believe in the Good New Age our Mother Earth is giving birth to now. The Old Age that recently died was insane with a lie that we humans must own and enslave Earth. For several hundred years in our society, that insanity was fundamental in our laws, enforced constantly in countless ways, and was proclaimed loudly by the godlike force of money. In the Good New Age now birthing, we will say that is a lie. Our commonsense will say that obviously we are all together Earth's children. That will be so obvious that it will stand undeniable in our laws and give money a diminished realistic role.

Our best thinkers now are saying that the new commonsense is the one great missing piece of our success. Amy Goodman, Chris Hedges, Naomi Klein, Russell Brand, and a great assortment of our other fine thinkers are saying this is what we need to make right now. They often put it that we need to remake the *stories* we tell each other and ourselves in our commonsense.

For you, in these fearful days and these few crucial years, certain moments will appear. In your real life there will be certain moments you can say, "Well, obviously, we are all together children of the Earth" and at that moment at that place your speaking will have powerful effect. In those moments you will teach. We will thereby build our commonsense, our new stories.

So, you see, I write these lines in modest hope to do some midwife service to our Mother. Our Mother is not dying.

So mote it be!